



Here's a detailed comparison of the two courses offered by Andy Porter:

1. Meditation and Spiritual Protection Course

Overview:

This foundational 6-week course is designed for individuals seeking to establish a solid base in spiritual practices. It emphasizes essential techniques for spiritual protection, grounding, and energy clearing, making it ideal for beginners or those looking to reinforce their foundational skills.

Key Features:

- **Spiritual Protection Techniques:** Learn to safeguard your energy during spiritual practices.
- **Grounding Exercises:** Establish a strong connection to the Earth to maintain balance.
- **Energy Clearing:** Techniques to cleanse personal and environmental energies.
- **Sovereignty Checks:** Ensure personal energetic boundaries are intact.
- **Guide Authenticity Testing:** Discern genuine spiritual guides from other entities.
- **Past Life Meditations:** Explore past experiences influencing current life.
- **Oracle Card Usage:** Introduction to using oracle cards for guidance.

Ideal For:

- Beginners in spiritual practices.
- Therapists and healers seeking foundational protection techniques.
- Individuals experiencing energy drain or seeking to understand spiritual influences.

Duration & Format:

- 6 weeks, with weekly 2-hour sessions conducted via Zoom.
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2. 6-Week Advanced Spiritual Development & Protection Course

Overview:

This advanced course is tailored for those with prior experience in meditation and spiritual practices. It delves deeper into psychic development, offering advanced techniques to enhance intuitive abilities and spiritual communication.

Key Features:

- **Automatic Writing:** Channeling messages through writing.
- **Exploration of the Four 'Clairs':** Deepen understanding of clairvoyance, clairsentience, clairaudience, and claircognizance.
- **Inspired Speaking:** Practice spontaneous spiritual communication.
- **Psychometry:** Reading energies from objects.
- **Energy Scanning:** Assess and interpret others' energy fields.
- **Dream Journaling:** Track and interpret spiritual insights from dreams.
- **Weekly Guidance:** Receive 10-minute spiritual messages from Andy's guide, Chen.
- **Interactive Practice:** Engage in breakout rooms for hands-on experience.

Ideal For:

- Individuals with foundational spiritual practice experience.
- Practitioners aiming to enhance their psychic abilities.
- Those seeking deeper connection and communication with spiritual guides.

Duration & Format:

- 6 weeks, with weekly 2-hour sessions conducted via Zoom, including interactive breakout sessions.

Comparison Summary

Feature	Meditation & Spiritual Protection	Advanced Spiritual Development & Protection
Experience Level	Beginner	Intermediate to Advanced
Focus Areas	Protection, Grounding, Basics	Psychic Skills, Advanced Techniques
Interactive Components	Guided Meditations	Breakout Sessions, Partner Exercises
Spiritual Guide Involvement	Introduction to Guide Connection	Weekly Messages from Guide 'Chen'
Tools & Techniques	Oracle Cards, Energy Clearing	Automatic Writing, Psychometry, Dream Work

Recommendation:

- If you're new to spiritual practices or wish to strengthen your foundational skills, the **Meditation and Spiritual Protection Course** is ideal.
- If you have prior experience and aim to deepen your psychic abilities and spiritual communication, the **6-Week Advanced Spiritual Development & Protection Course** is the next step.

Feel free to choose the course that aligns best with your current spiritual journey and goals.